

News from

# CLAREMONT COURT

## CARE HOME

Dear Friends

Well, autumn is firmly here! We have been reflecting on all of the lovely things we've been up to in recent weeks and thought you'd like to see some of our photographs too.



## Into the great outdoors



Our favourite thing to do at this time of year is head into nature and see how the season is changing the landscape. We are lucky that we have so much beautiful countryside right on our doorstep that we can visit regularly! In recent weeks we have visited Pirbright Green where we fed the geese by the calming waterside, ambled along the Basingstoke Canal where we enjoyed a cup of tea and slice of cake, and took in the breathtaking views of the rolling Surrey Hills from the viewpoint at Newlands Corner. An idyllic and autumnal way to spend an afternoon!

## Animal therapy



Nothing beats a cuddle with our furry or feathered friends. We've found it's a wonderful way to instantly raise a smile and spread laughter throughout our home. And so we have been welcoming some adorable animal therapy pets to Claremont Court recently. Our residents had cuddles with rabbits, guinea pigs and even a duck! Everyone had so much fun that we arranged for our regular pet therapy dog, Janne, to pop by soon after! Playful Janne always brings boundless energy and love as she visits each resident, making sure no one misses out on the burst of joy that is our four-legged friend!





# Coffee shops and cosy bakes

Now the days are getting cooler it's nice to snuggle up inside with all our creature comforts. True to form, the Chef team whipped up some stunning sweet treats for our monthly Pop Up Coffee Shop. It's always fun to have a natter with friends over tea and cakes, particularly in the comfort of our own home! We were then inspired to do a spot of baking ourselves, everything from rice crispy treats to decorating biscuits. Everyone was able to get creative with an array of writing icing and coloured sprinkles to decorate with...and eat, of course. The best bit!



# Musical moments

Music has a unique way of bringing everyone together and creating a fun-filled atmosphere. And so we like to bring out the musical instruments on a regular basis, put on some records and encourage everyone to play along with the music! There is always singing, which then inspires dancing, and before you know it our lounge is filled with such happy energy! Our music sessions spark some wonderful memories too, as we reminisce about our favourite songs and how they make us feel.



With love,  
**Karen Byres**  
Home Manager

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## We always love reading your comments on Facebook! Here are a few recent ones:

"Thank you for giving the residents these fantastic opportunities. We can see the smiles." Peter

"This is so beautiful. What I love about therapy like this, is not only is stroking an animal calming, but it can also evoke childhood memories. People living with dementia might not remember their day, but will go to sleep happy and rested. I love this." Kerry



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